

Subject- EVS

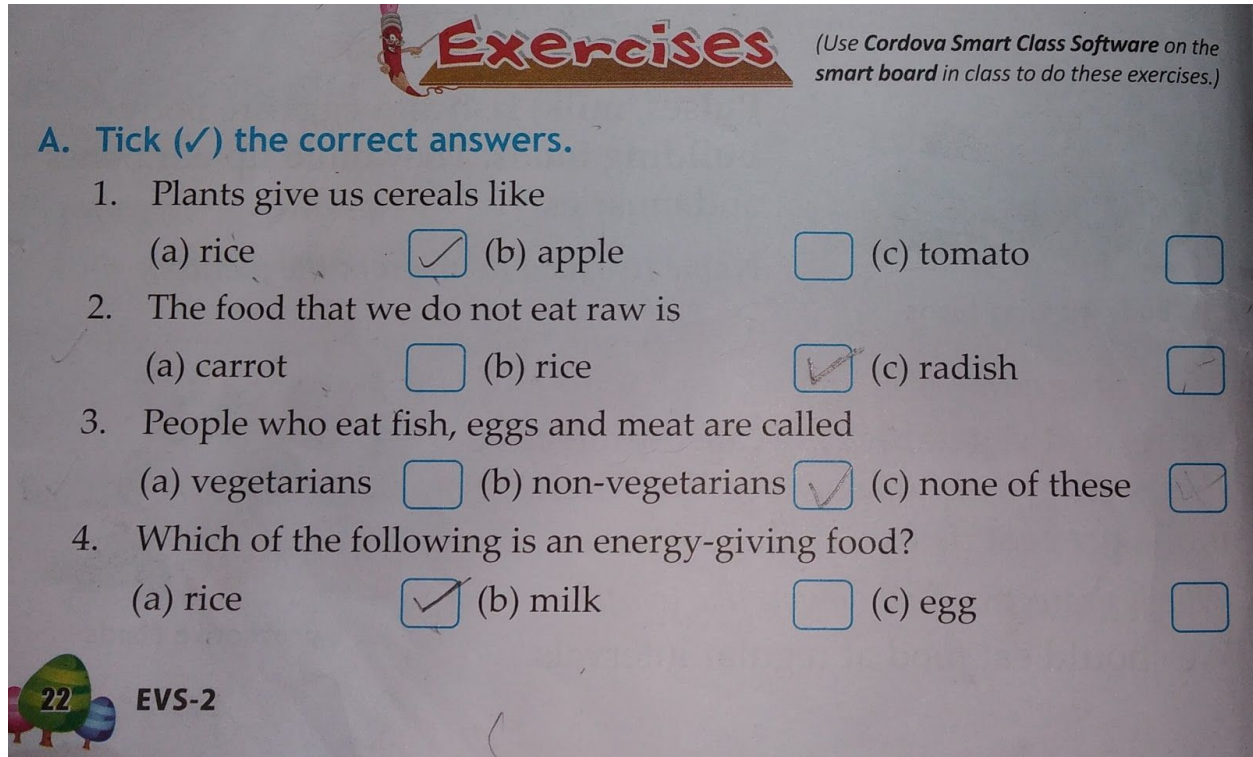
Class- II

Topic- Food we eat

Learn and write the following hard words-

1. Bones
2. Rice
3. Potato
4. Body-building
5. Muscles
6. Healthy
7. Protective
8. Meat

Learn and write the following book exercises-



Exercises (Use Cordova Smart Class Software on the smart board in class to do these exercises.)

A. Tick (✓) the correct answers.

1. Plants give us cereals like
(a) rice (b) apple (c) tomato
2. The food that we do not eat raw is
(a) carrot (b) rice (c) radish
3. People who eat fish, eggs and meat are called
(a) vegetarians (b) non-vegetarians (c) none of these
4. Which of the following is an energy-giving food?
(a) rice (b) milk (c) egg

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5. What do you do to keep yourself healthy?

(a) eat fruits and vegetables

(b) drink water

(c) both of these

B. Circle the odd one in each group.

1. work grow play food

2. milk fruits fish egg

C. Fill in the blanks correctly with the words given below.

bones food three

1. There are three main kinds of food.

2. Body-building foods build up our bones and muscles.

3. We cannot live without food

Learn and write the following question answers-

Q1. Name 2 energy-giving foods.

A1. Rice and Potato.

Q2. What do body-building foods do?

A2. Body-building foods build up our bones and muscles.

Q3. How do protective foods help us?

A3. Protective foods help us to stay healthy.

Q4. What do we get from animals?

A4. We get meat, egg and milk from animals.